



WINTER MENU

SOFO BREKKIE

Dough Si Dough local made bread

Toast | with choice of condiments **\$7 GF + \$1**
Sourdough or Olive bread buttered and served with –
house made jam- vegemite- peanut butter or honey.

Fruit Toast | buttered fruit toast **\$9**

Eggs on toast | Poached or fried on your choice of
buttered toast **\$12**

Coconut and Cranberry Quinoa Porridge | with spiced
poached pear and toasted coconut **\$16** (GF, VE)

Short Stack Buttermilk Pancakes | with mixed berry
compote, white chocolate and raspberry semi-freddo,
toasted pistachio and maple syrup **\$18** (V)

Canadian Pancake | Istra bacon, poached egg, whipped
butter, maple syrup **\$18**

Smoked Salmon and Potato Rosti | Poached eggs, rocket,
hollandaise sauce and fresh lemon **\$21** (GF)

Corn and Zucchini Fritters | stacked with grilled eggplant,
fresh mozzarella, tomato sugo, fresh herbs and parsnip
chips **\$18** (V)

Eggs Benny | With either spinach, ham, or smoked salmon
on English muffins with poached eggs and hollandaise
\$18 / \$19 / \$22

Grilled Halloumi and Smashed Avocado | on sourdough
with fresh lemon, herbs and vanilla honey syrup **\$19** (V)

Italian Baked Pork & Fennel Sausage, Peppers & Beans |
with toasted olive bread and pecorino **\$21** (GF avail)

The BIG SOFO | Poached eggs, bacon, roast mushroom,
grilled tomato, chorizo, hash browns, spinach and tomato
relish on sourdough **\$25**

The VEGO SOFO | Poached eggs, roasted mushroom,
grilled tomato, spinach, hash-browns, avocado and tomato
relish on sourdough **\$24** (V)

SIDES

Smoked Salmon, Bacon, Ham, Chorizo, Avocado **\$5**

Grilled Tomato, Roast Mushroom, Goat's Cheese, Cooked
Spinach, Hollandaise **\$4**

Extra Egg **\$3.5**

Hashbrowns **\$2**

Sauces | Housemade Tomato Relish / Housemade Aioli /
Siracha / BBQ Sauce / Tomato Sauce. **\$1**

***Social Foundry is a not for profit social enterprise that seeks to
empower communities to mentor, nurture, and impart life-skills to
people whose opportunities have been limited.***

**100%
NOT-FOR
PROFIT**

*We can't guarantee food is free from nut/gluten contact. [V] Vegetarian, or [GF] Gluten Free. Changes to menu at
kitchen's discretion additional charges may apply. The Social Foundry is a registered charity of the ACNC with
Deductible Gift Recipient (DGR) status, all governed by an elected Board. All donations are tax deductible.





LUNCH

House Made Soup | with toasted sourdough **\$14**
(see specials board)

The Social Club | triple decker with chicken, bacon, fried egg, lettuce, tomato and aioli **\$17**

Smoked Lamb Open Souvlaki | with flat bread, tzatziki, cucumber, tomato and onion salad **\$24** (GF avail)

Lemon Pepper Calamari | garlic sauce and marinated tomato, caper and herb salad **\$19** (GF)

The Vego Burger | Chickpea and lentil burger, basil pesto, aioli, lettuce, tomato, goats cheese **\$18** (V, VE avail)

The SOFO Burger | Angus pattie, tomato relish, lettuce, fresh tomato, American cheddar and aioli on brioche bun **\$19 +**
bacon \$3

Beer battered fries regular **\$5** large **\$9**

Sweet potato fries regular **\$6** large **\$10**

Sauces | Housemade Tomato Relish / Housemade Aioli / Siracha / BBQ Sauce / Tomato Sauce **\$1**

SOFO TOASTIE

Served on local made Sourdough bread

86 | Cheese toastie **\$10**

Mollison | Cheese and tomato toastie **\$11**

K-Town | Ham and cheese toastie **\$12**

Tiger | Ham, cheese and tomato toastie **\$13**

The Shroom | Roasted mushroom, almonds, swiss cheese, rocket and aioli **\$15** (V)

Smoked salmon | Capers, red onions, dill mayo and spinach **\$17**

Egg and Bacon | Tomato relish, cheese and rocket **\$16**

SOFO NEXT-GEN

Waffle with maple syrup **\$8** + ice cream **\$2**

Cheese and Vegemite toastie **\$6**

Cheese and ham toastie **\$7** or add tomato **\$7**

Buttermilk Pankcake with maple syrup **\$10**
add ice cream **\$2**

Single Egg on English muffin OR sourdough toast **\$9**

Mini Benedict | single serve of poached egg on English muffin with hollandaise choose either ham or spinach **\$12**

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